



The Figure Intensive: Drawing and Painting

Instructor: Les Castellanos

Supplies to bring:

- Vine charcoal Soft/Medium- A fast drawing medium. Allows for fast marks and quick re-works.
- Winsor & Newton Vine & Willow Charcoal Packs Soft & Medium
- Nitram Soft & Medium charcoal
- Chamois- Great for quick wipes, broad erasing.
- Natural Artist Chamois
- Charcoal pencil- Detail and addition of lighter values
- General's Charcoal Pencils Soft/Medium/White
- Sandpaper block or Sandpaper- Keep your drawing tools sharp!
- Knife/ Blade
- Nitram liquid Charcoal- For those of you who want to start moving your drawing into a painting practice.
- Kneaded eraser. To get rid of happy little accidents.

Painting Materials

Oil and Acrylic colors are pretty much the same. If you are a beginner start with the suggested limited palette of **colors & materials**. If you have a bit more experience, bring whatever you can. Below is the suggested palette and set up:

*Titanium white

Lead white (not for acrylics)
Portland Grey Light
Cadmium Yellow (or any other bright primary yellow)

*Yellow Ochre

Cadmium Orange
Cadmium red light
Cad red medium or Cad red deep
Alizarin Crimson

Dioxazine purple

*Transparent Red Oxide

Burnt Sienna
Burnt or Raw Umber
Cadmium green light
Viridian green
Cerulean blue
Ultramarine Blue
Payne's gray
*Blue black

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In an effort to maintain our non-toxic environment, the Woodstock School of Art does not permit the use of turpentine or mineral spirits in the painting studios. Please see our website for more info.



Other Painting Materials:

Oils

- Solvent for Oils - Citrus based solvents, Lavender Spike Oil, Rosemary Oil, Linseed Oil and Walnut Oil. Oil paint solvents recommended for use include Citrus Essence Brush Cleaner and Lavender Brush Cleaner.
- A small rag or paper towels
- Brushes- A set of "flat" brushes hog hair. #2, #4, #6
- Nylon or synthetic round brushes #2, #4
- Oil Cups to put in the medium and solvent
- Prepared wooden palette or disposable palette
- Palette Knife
- Medium for Oils- Thickened linseed oil or linseed oil
- Dorland's wax or other oil painting wax

Acrylic

- Water cup
- Rag or paper towels
- Plastic palette or disposable palette
- Palette knife
- Brushes- A set of "flat" brushes hog hair. #2, #4, #6
- Nylon or synthetic round brushes #2, #4
- Spray bottle
- Matte medium
- Retarding medium

Paper/Canvas (bring depending on what medium you are working with and which surface you prefer, you do **NOT** need to bring each of the below, **select one or two options**)

- Tone paper is great to start working with values.
- Hahnemuhle Bugra Pastel paper assorted colors
- Strathmore Bristol plate 4 ply
- Arches Oil Paper
- Canvas
- Canvas Paper
- Gessoed Paper
- Painting Panels

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A word about art materials.

Irwin 'Greeny' Greenberg was an incredible artist and teacher. I was lucky to take one of his classes at SVA. He frequently reminded us, 'It is a poor craftsman who blames his tools,' whenever we complained about our materials. As struggling art students, we learned to make the best of whatever resources we had. Greeny also emphasized the importance of investing in the best materials within our means. It took me a while to integrate these two ideas.

Understanding your materials takes time. Utilize what you have until you deplete your supplies. Only then can you truly evaluate whether a more expensive version is worth it or not. If you're just starting out, there's no need to break the bank. However, if you have some experience and can afford artist-grade materials, it's worth considering those.

**Feel free to contact me with any specific questions:
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