



The Figure Intensive: Painting

Instructor: Les Castellanos

Supplies to bring:

Painting Materials

Oil and Acrylic colors are pretty much the same. If you are a beginner start with the suggested limited palette of **colors & materials**. If you have a bit more experience, bring whatever you can. Below is the suggested palette and set up:

***Titanium white**

Lead white (not for acrylics)
Portland Grey Light
Cadmium Yellow (or any other bright primary yellow)

***Yellow Ochre**

Cadmium Orange
Cadmium red light
Cad red medium or Cad red deep
Alizarin Crimson

Dioxazine purple

***Transparent Red Oxide**

Burnt Sienna
Burnt or Raw Umber
Cadmium green light
Viridian green
Cerulean blue
Ultramarine Blue
Payne's gray
***Blue black**

Other Painting Materials:

Oils

- Solvent for Oils - Citrus based solvents, Lavender Spike Oil, Rosemary Oil, Linseed Oil and Walnut Oil. Oil paint solvents recommended for use include Citrus Essence Brush Cleaner and Lavender Brush Cleaner.
- A small rag or paper towels
- Brushes- A set of "flat" brushes hog hair. #2, #4, #6
- Nylon or synthetic round brushes #2, #4
- Oil Cups to put in the medium and solvent
- Prepared wooden palette or disposable palette

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In an effort to maintain our non-toxic environment, the Woodstock School of Art does not permit the use of turpentine or mineral spirits in the painting studios. Please see our website for more info.



- Palette Knife
- Medium for Oils- Thickened linseed oil or linseed oil
- Dorland's wax or other oil painting wax

Acrylic

- Water cup
- Rag or paper towels
- Plastic palette or disposable palette
- Palette knife
- Brushes- A set of "flat" brushes hog hair. #2, #4, #6
- Nylon or synthetic round brushes #2, #4
- Spray bottle
- Matte medium
- Retarding medium

Paper/Canvas (bring depending on what medium you are working with and which surface you prefer, you do **NOT** need to bring each of the below, **select one or two options**)

- Tone paper is great to start working with values.
- Hahnemuhle Bugra Pastel paper assorted colors
- Strathmore Bristol plate 4 ply
- Arches Oil Paper
- Canvas
- Canvas Paper
- Gessoed Paper
- Painting Panels

It's always a good idea to have a sketchbook handy for thumbnails or if you want to move around the room. Feel free to use graphite pencils, inks, brush pens, pastels, watercolor or whatever you're most comfortable with. Just keep in mind that our main focus is on the figure.

**Feel free to contact me with any specific questions:
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