



## **Sketch and Paint Along with Robert: Artful Still Lives in Acrylic**

**Instructor: Robert K. Carsten**

### **Supplies to bring:**

- Acrylic paint, brushes, palette (can be a paper palette pad), and a painting surface -- canvas or watercolor paper or canvasboard (your choice of surface). Size should be small 5" x 7" or 6" x 8" or 8" x 10"
- A photo that Robert will work from will be provided beforehand via email, or use your own image.
- A container for water (like a margarine container or anything like that).
- A plastic palette, plate or paper palette.
- A pencil and eraser.
- White scrap paper (1 or 2 sheets) or a pad for thumbnail sketches
- Paper towels
- Masking tape if working on paper

If you do not have paints/brushes already, the following is a basic list:

- Paints can be inexpensive brands such as Liquitex Basics (available at Michaels, Hobby Lobby) or Daler Rowney (Walmarts) or they can be more expensive like Golden or Liquitex heavy body paints, which are thicker. Some artists combine inexpensive colors and a heavy body white so the paint can be thicker when mixed with white.

You'll need at minimum:

- red, blue, yellow, white.
- green (optional), brown (optional), black (optional)
- Deluxe version: a warm red (Cadmium), a cool red (Alizarin Crimson), warm blue (Ultramarine), cool blue (Cerulean or Phthalo Blue), warm yellow (Cadmium medium), cool yellow (Cadmium Lemon), Titanium White

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- Robert will be working with acrylic on watercolor paper or canvas paper, approximate size: 5" x 7"
- Mediums: none, just water
- Brushes: Inexpensive synthetics (craft- type brushes) Short handle or long handle, Flat brushes are preferred. A 1" flat brush and a 1/2 inch flat brush is enough. Round (pointed) brushes are good as well.

Optional: vinyl gloves (available at pharmacies) or liquid gloves (in a tube or jar)  
Optional: Smock

Suppliers:

Your local art store or:

Rochester Art Supply: [www.fineartstore.com](http://www.fineartstore.com) Telephone: 1-800 836-8940

Jerry's Artarama: [www.JerrysArtarama.com](http://www.JerrysArtarama.com) Telephone: 1-800-827-8478

Blick: [www.DickBlick.com](http://www.DickBlick.com) Telephone: 1-800-828-4548

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